



Job Seekers & Employees

- **Are you unemployed?**
- **Have you been laid off from a job?**
- **Are you underemployed or working part time and want to work full time?**
- **Do you believe you might need job training?**
- **Are you looking for a new job or looking to improve your job qualifications?**
- **Are you looking for a new career?**

If you answered yes to any of these questions, contact one of our service centers nearest you for information on no-cost training, job placement services, and other job-hunting resources.

At our service centers, there are three primary agencies who share the goal of helping you on your career path: Workforce Solutions, the Maine Department of Labor Division of Vocational Rehabilitation, and the Maine Department of Labor Bureau of Employment Services. Together, these three partner agencies provide the following comprehensive workforce development services free of charge:

- Planning for Your Career and Job Search
- Assistance with Resume Writing
- Developing Interviewing Skills
- Services for Persons with Disabilities
- Connecting to Career Advisors for Assistance
- Assistance for Laid-Off Workers
- Job Placement
- Skills Assessment
- Occupational Training
- Improving Your Education
- Connecting to Work Support Services
- Financial Literacy

Continued on next page...



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Full-Service Centers

Portland Workforce Solutions One-Stop Center

190 Lancaster Street
Portland, ME 04101
Phone: 775-5891 or 1-800-594-5627
Fax: 772-0836
TTY users call Maine Relay 711
david.wurm@workforcesolutionsme.org

Belfast Workforce Solutions Center

15 Starrett Drive, Suite F
Belfast, ME 04915
Phone: 930-7047
Fax: 772-0836
TTY users call Maine Relay 711
david.wurm@workforcesolutionsme.org

Greater Portland CareerCenter

151 Jetport Boulevard
Portland, ME 04102
Phone: 822-3300 or 1-877-594-5627
Fax: 822-0221
TTY users call Maine Relay 711
portland.careercenter@maine.gov

Rockland CareerCenter

91 Camden Street, Suite 201
Rockland, ME 04841
Phone: 596-2600 or 1-877-421-7916
Fax: 594-1428
TTY users call Maine Relay 711
rockland.careercenter@maine.gov

Southern Midcoast CareerCenter

29 Sewall Street
Brunswick, Maine 04011
Phone: 721-8200 or 1-888-836-3355
Fax: 373-4004
TTY users call Maine Relay 711
brunswick.careercenter@maine.gov

Springvale CareerCenter

9 Bodwell Court
Springvale, ME 04083
Phone: 324-5460 or 1-800-343-0151
Fax: 324-7069
TTY users call Maine Relay 711
springvale.careercenter@maine.gov



Workforce Solutions

Operated by Goodwill Northern New England

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