

Organization Overview	Portland Housing Authority administers the Department of Housing and Urban Development (HUD) Employment and Training Grants, Family Self Sufficiency and Resident Opportunity for Self Sufficiency. Service Coordinators assist eligible residents to navigate challenges, attain suitable employment, and meet financial goals. https://www.porthouse.org/
Program Overview	Empowerme Program is composed of the Resident Opportunity for Self Sufficiency program and Family Self Sufficiency Program. The joining of these two programs under one name provides participants with an integrated experience through which they can receive coaching and referrals to aid with stabilization, as well as work towards suitable employment, financial capability, and asset building. Family Self Sufficiency also provides participants with a free savings account to those who increase their earned income, which is accessible during participation for goal attainment, and upon successful completion of the program.
Populations served	<ul style="list-style-type: none"> • Must be a Portland Housing Authority resident of public housing or must be receiving housing subsidy through Portland Housing Authority, including Housing Choice Voucher, Project-Based voucher, Homeownership, Foster Youth to Independence, Mainstream, Moderate Rehabilitation, Veterans Affairs Supportive Housing (VASH) • Must be a household member listed on the dwelling lease • Must be willing and able to work (Family Self Sufficiency only) • Ages 18+
Services and Resources	<ul style="list-style-type: none"> ▪ Needs based assessment ▪ Informal and coordinated referrals to appropriate resources ▪ Goal setting ▪ One on one coaching ▪ Workshops ▪ Assistance areas including but not limited to: <ul style="list-style-type: none"> • Home management • Mental and physical health • Domestic Violence • Job Training • Education • Employment • Financial capability coaching • Saving money • Building or repairing credit • Pathway to homeownership
Location	Portland Housing Authority 14 Baxter Boulevard Portland, ME 04101
Process to Enroll	Services are available by appointment
Referral Contact for Program	207-221-8066; empowerme@porthouse.org