



Knox County, ME

Coastal Counties Workforce, Inc.



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Report Parameters

1 County

23013 Knox County, ME

Class of Worker

QCEW Employees, Non-QCEW Employees, and Self-Employed

The information in this report pertains to the chosen geographical area.

Economy Overview

40,981

Population (2024)

Population **grew by 1,189** over the last 5 years and is projected to **grow by 927** over the next 5 years.

21,059

Total Regional Employment

Jobs **decreased by 657** over the last 5 years and are projected to **decrease by 502** over the next 5 years.

\$71.9K

Median Household Income (2023)

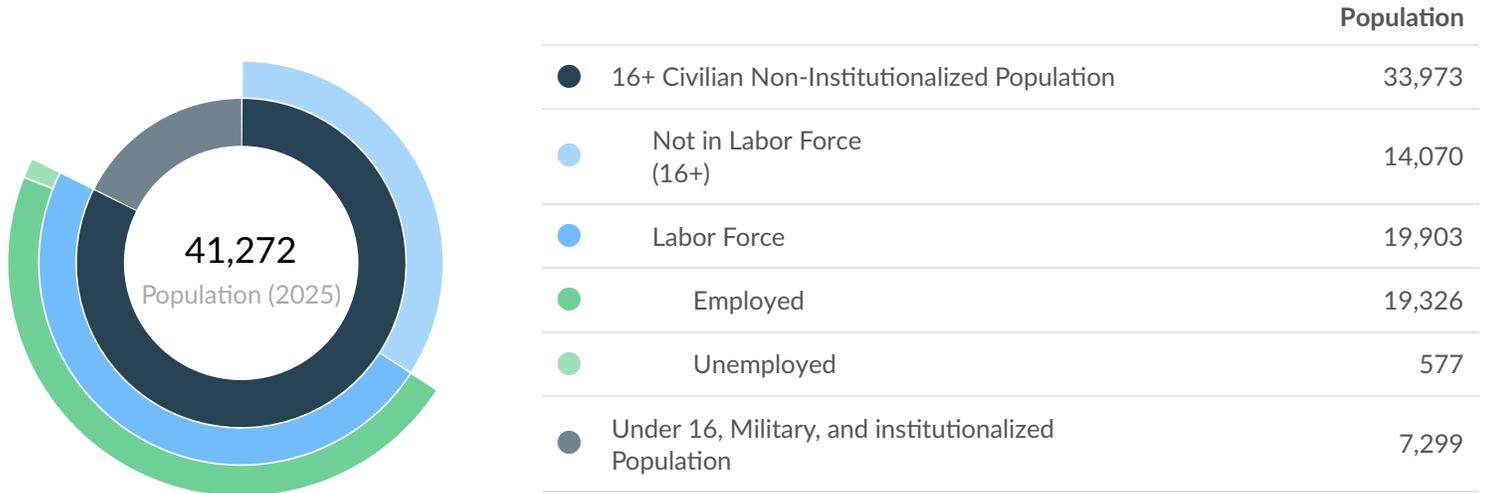
Median household income is **\$6.6K below** the national median household income of \$78.5K.

Takeaways

- As of 2024 the region's population **increased by 3.0%** since 2019, growing by 1,189. Population is expected to **increase by 2.3%** between 2024 and 2029, adding 927.
- From 2019 to 2024, jobs **declined by 3.0%** in Knox County, ME from 21,716 to **21,059**. This change **fell short of the national growth rate of 4.4% by 7.4%**. As the number of jobs declined, the **labor force participation rate decreased from 62.3% to 58.2% between 2019 and 2024**.
- Concerning educational attainment, **25.5% of Knox County, ME residents possess a Bachelor's Degree** (4.0% above the national average), and **7.4% hold an Associate's Degree** (1.4% below the national average).
- The top three industries in 2024 are Education and Hospitals (Local Government), Restaurants and Other Eating Places, and Fishing.

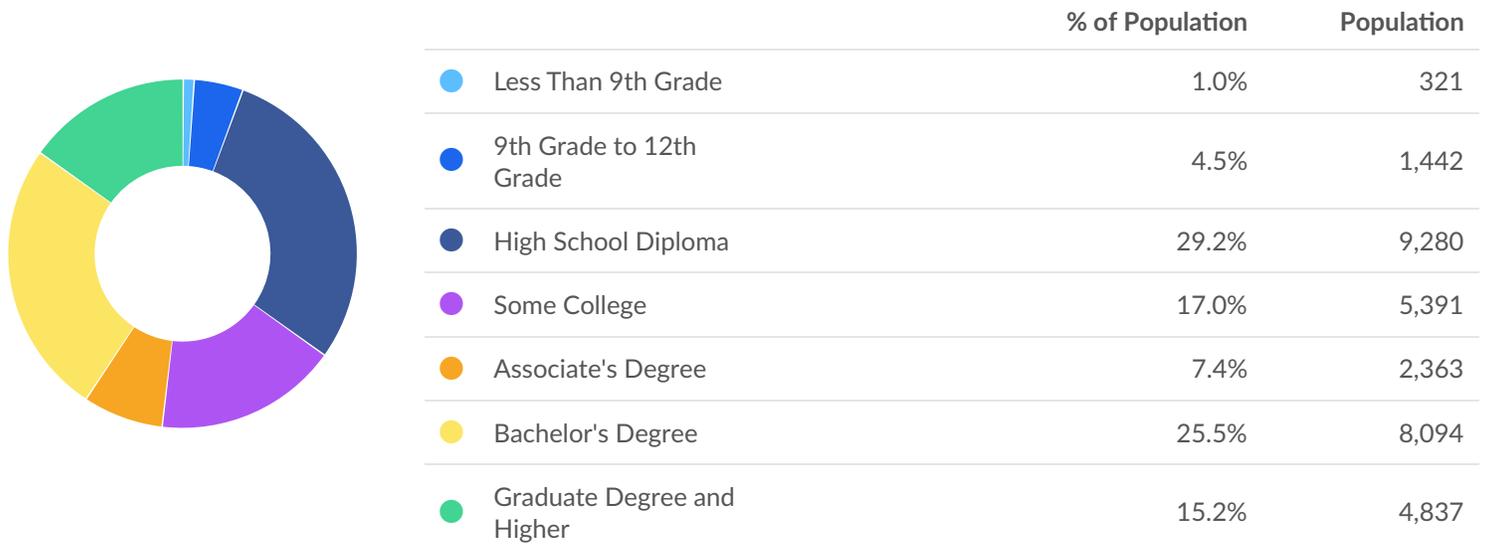
	Population (2025)	Labor Force (Sep 2025)	Jobs (2024)	Cost of Living	GRP	Imports	Exports
Region	41,272	19,903	21,059	120.9	\$2.75B	\$3.16B	\$2.93B
State	1,418,649	705,977	746,173	116.8	\$98.99B	\$96.79B	\$108.90B

Sep 2025 Labor Force Breakdown



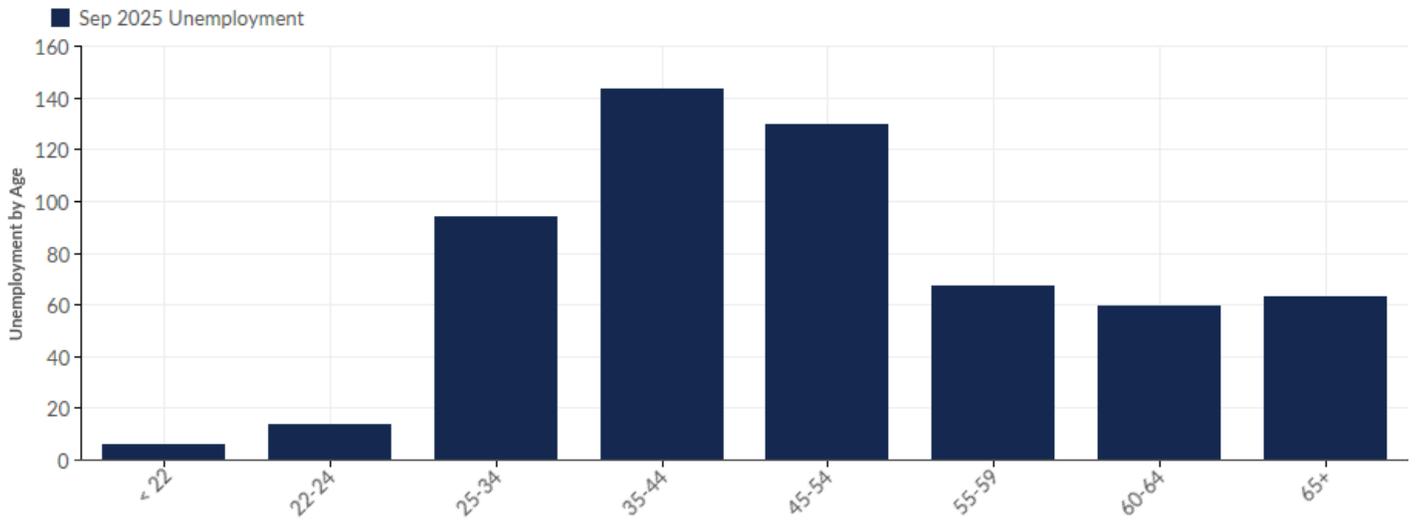
Educational Attainment

Concerning educational attainment, **25.5% of Knox County, ME residents possess a Bachelor's Degree** (4.0% above the national average), and **7.4% hold an Associate's Degree** (1.4% below the national average).



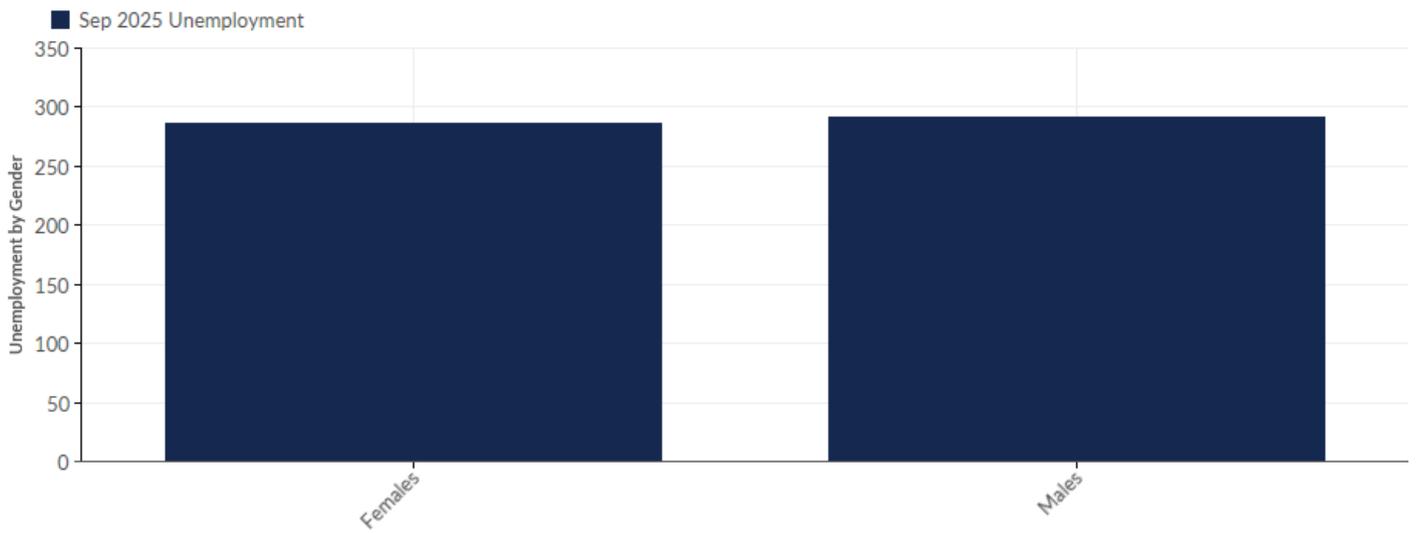
Unemployment by Demographics

Unemployment by Age



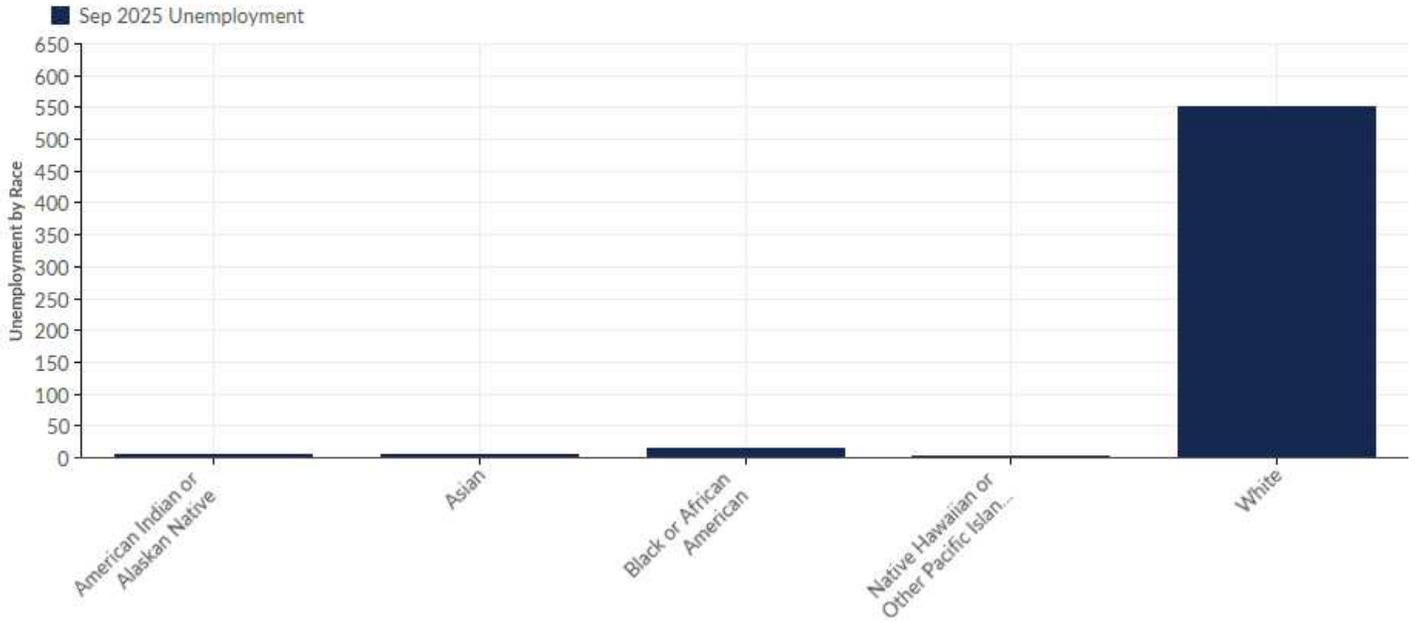
Age	Unemployment (Sep 2025)	% of Unemployed
< 22	6	1.04%
22-24	14	2.43%
25-34	94	16.29%
35-44	144	24.96%
45-54	130	22.53%
55-59	67	11.61%
60-64	60	10.40%
65+	63	10.92%
Total	577	100.00%

Unemployment by Gender



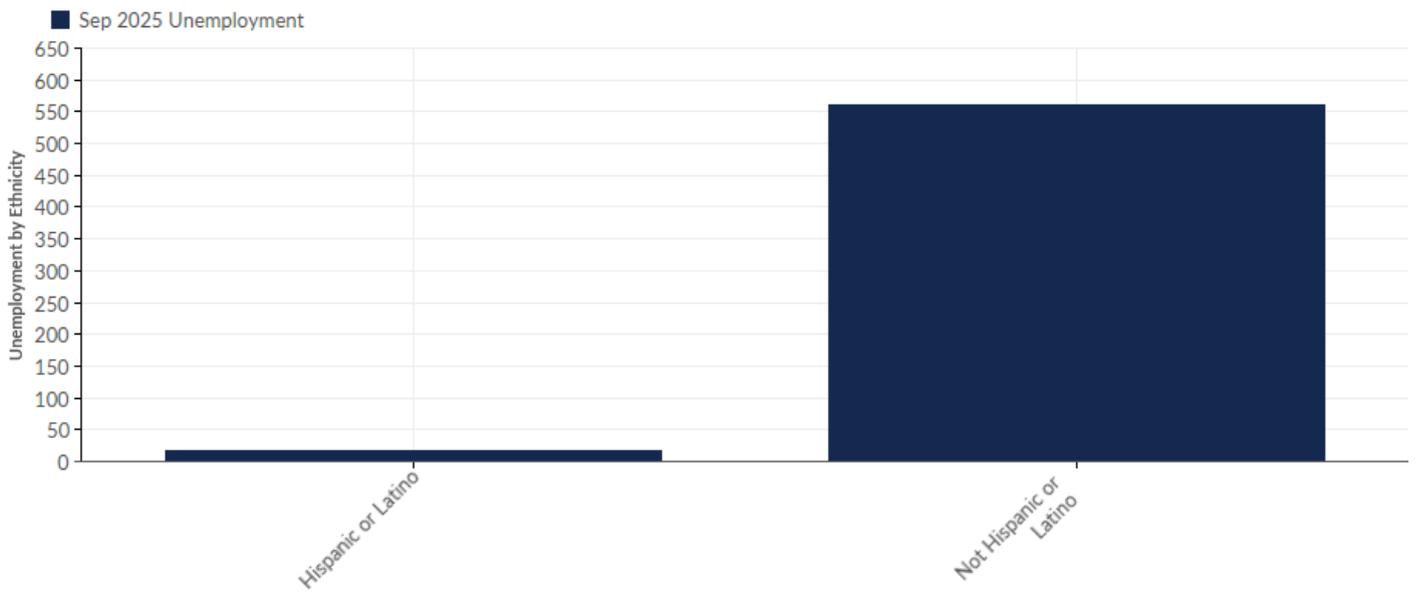
Gender	Unemployment (Sep 2025)	% of Unemployed
Females	286	49.57%
Males	291	50.43%
Total	577	100.00%

Unemployment by Race



Race	Unemployment (Sep 2025)	% of Unemployed
American Indian or Alaskan Native	5	0.87%
Asian	5	0.87%
Black or African American	15	2.60%
Native Hawaiian or Other Pacific Islander	1	0.17%
White	550	95.32%
Total	577	100.00%

Unemployment by Ethnicity

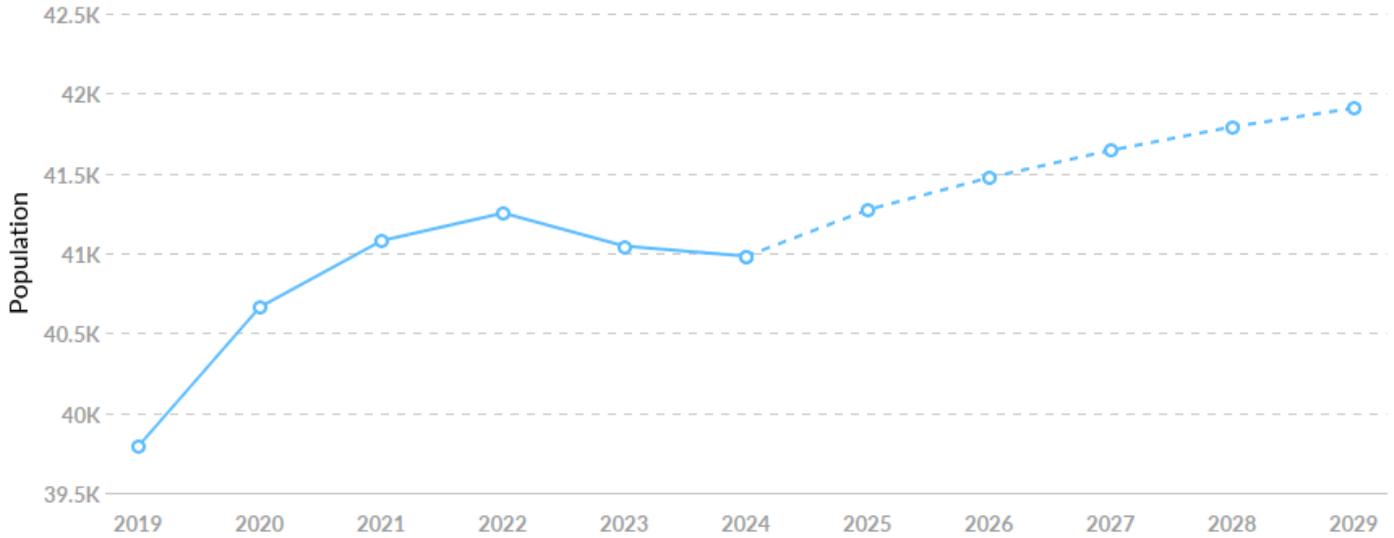


Ethnicity	Unemployment (Sep 2025)	% of Unemployed
Hispanic or Latino	17	2.95%
Not Hispanic or Latino	560	97.05%
Total	577	100.00%

Historic & Projected Trends

Population Trends

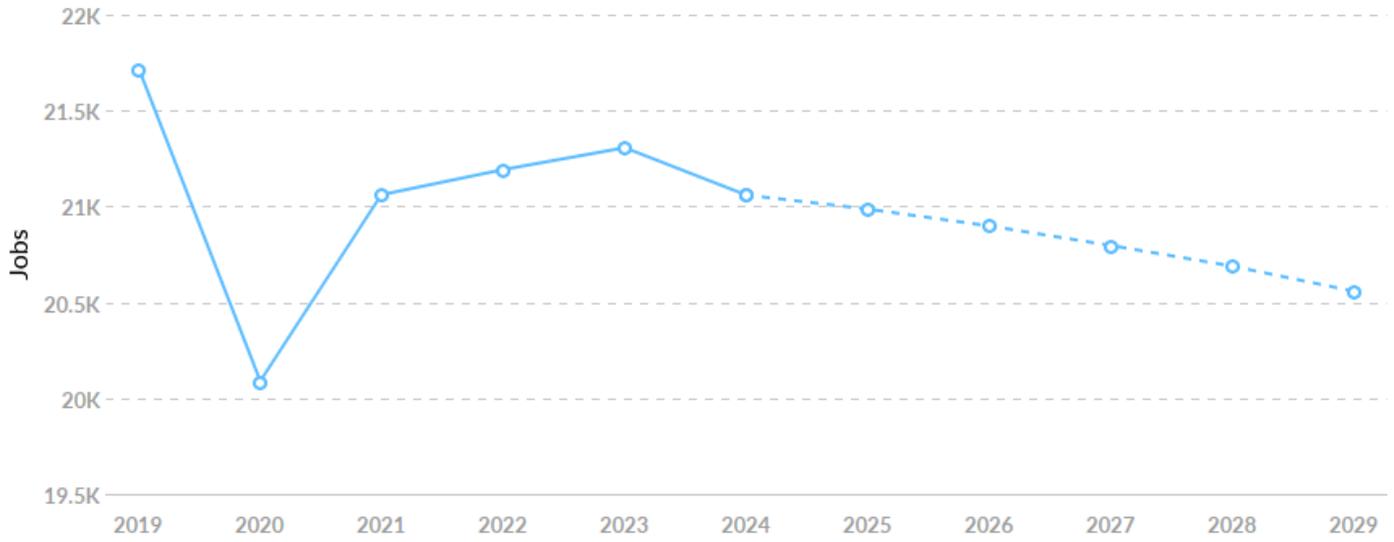
As of 2024 the region's population **increased by 3.0%** since 2019, growing by 1,189. Population is expected to **increase by 2.3%** between 2024 and 2029, adding 927.



Timeframe	Population
2019	39,792
2020	40,663
2021	41,078
2022	41,251
2023	41,044
2024	40,981
2025	41,272
2026	41,473
2027	41,644
2028	41,791
2029	41,908

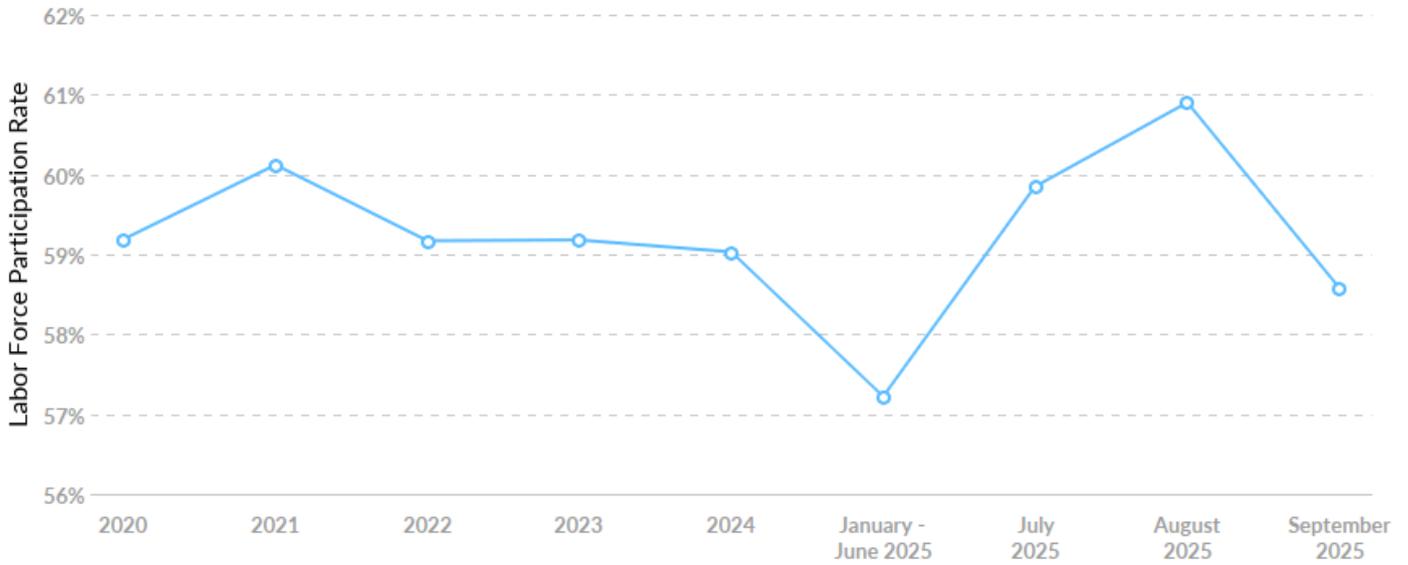
Job Trends

From 2019 to 2024, jobs declined by 3.0% in Knox County, ME from 21,716 to 21,059. This change fell short of the national growth rate of 4.4% by 7.4%.



Timeframe	Jobs
2019	21,716
2020	20,085
2021	21,061
2022	21,192
2023	21,306
2024	21,059
2025	20,986
2026	20,898
2027	20,796
2028	20,688
2029	20,557

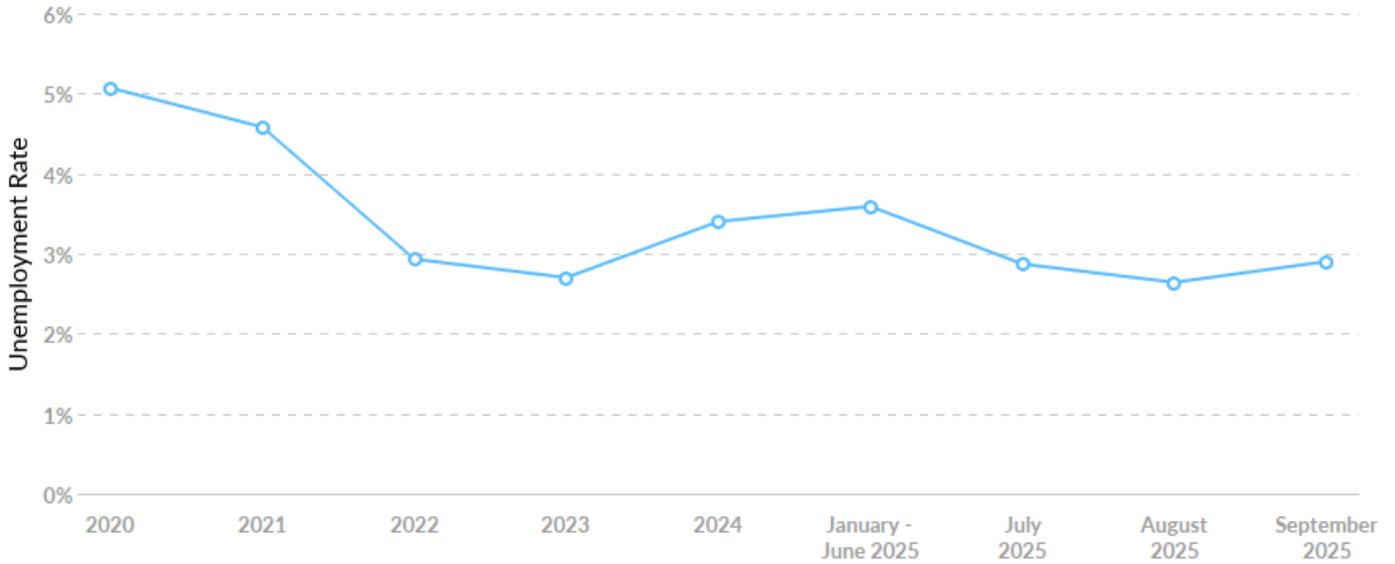
Labor Force Participation Rate Trends



Timeframe	Labor Force Participation Rate
2020	59.19%
2021	60.12%
2022	59.17%
2023	59.18%
2024	59.03%
January - June 2025	57.22%
July 2025	59.85%
August 2025	60.90%
September 2025	58.58%

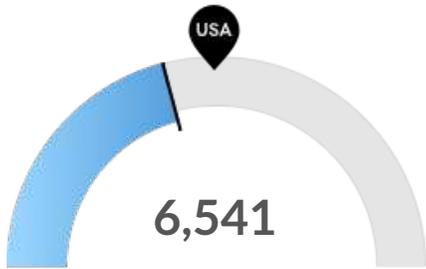
Unemployment Rate Trends

Knox County, ME had a September 2025 unemployment rate of 2.90%, **decreasing from 5.07%** 5 years before.



Timeframe	Unemployment Rate
2020	5.07%
2021	4.58%
2022	2.93%
2023	2.70%
2024	3.40%
January - June 2025	3.59%
July 2025	2.87%
August 2025	2.64%
September 2025	2.90%

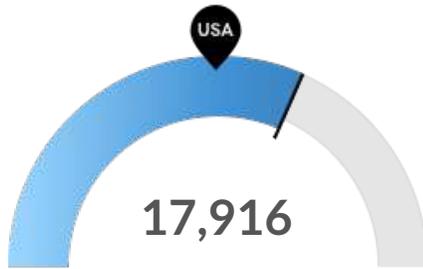
Population Characteristics



6,541

Millennials

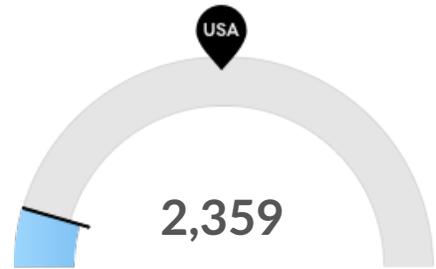
Knox County, ME has 6,541 millennials (ages 25-39). The national average for an area this size is 8,389.



17,916

Retiring Soon

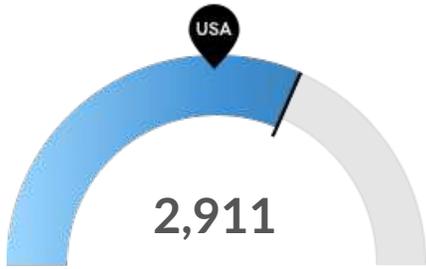
Retirement risk is high in Knox County, ME. The national average for an area this size is 12,392 people 55 or older, while there are 17,916 here.



2,359

Racial Diversity

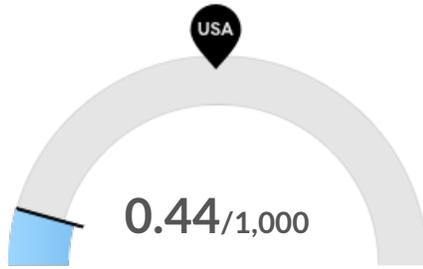
Racial diversity is low in Knox County, ME. The national average for an area this size is 17,433 racially diverse people, while there are 2,359 here.



2,911

Veterans

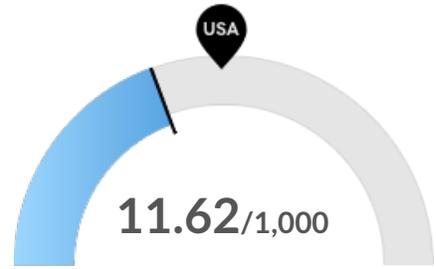
Knox County, ME has 2,911 veterans. The national average for an area this size is 2,019.



0.44/1,000

Violent Crime

Knox County, ME has 0.44 violent crimes per 1,000 people. The national rate is 3.38 per 1,000 people.



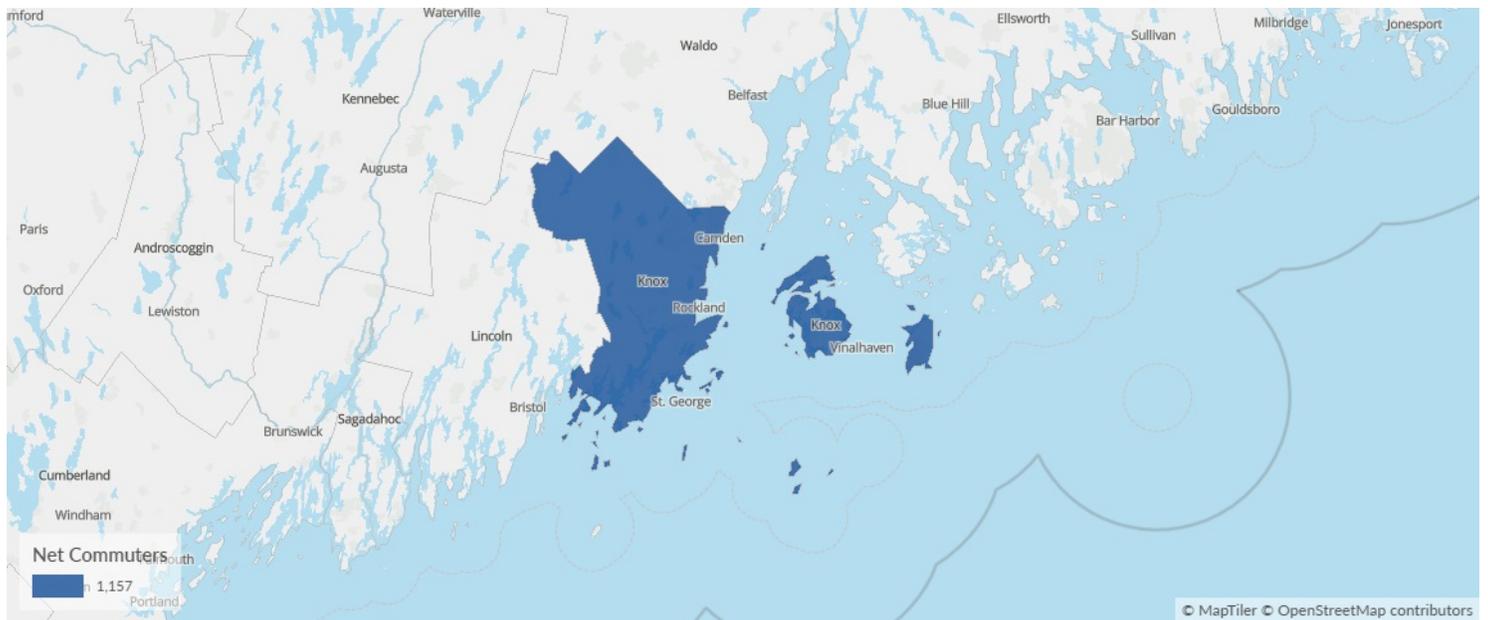
11.62/1,000

Property Crime

Knox County, ME has 11.62 property crimes per 1,000 people. The national rate is 16.44 per 1,000 people.

Place of Work vs Place of Residence

Understanding where talent in Knox County, ME currently works compared to where talent lives can help you optimize site decisions.



Where Talent Works

Where Talent Lives

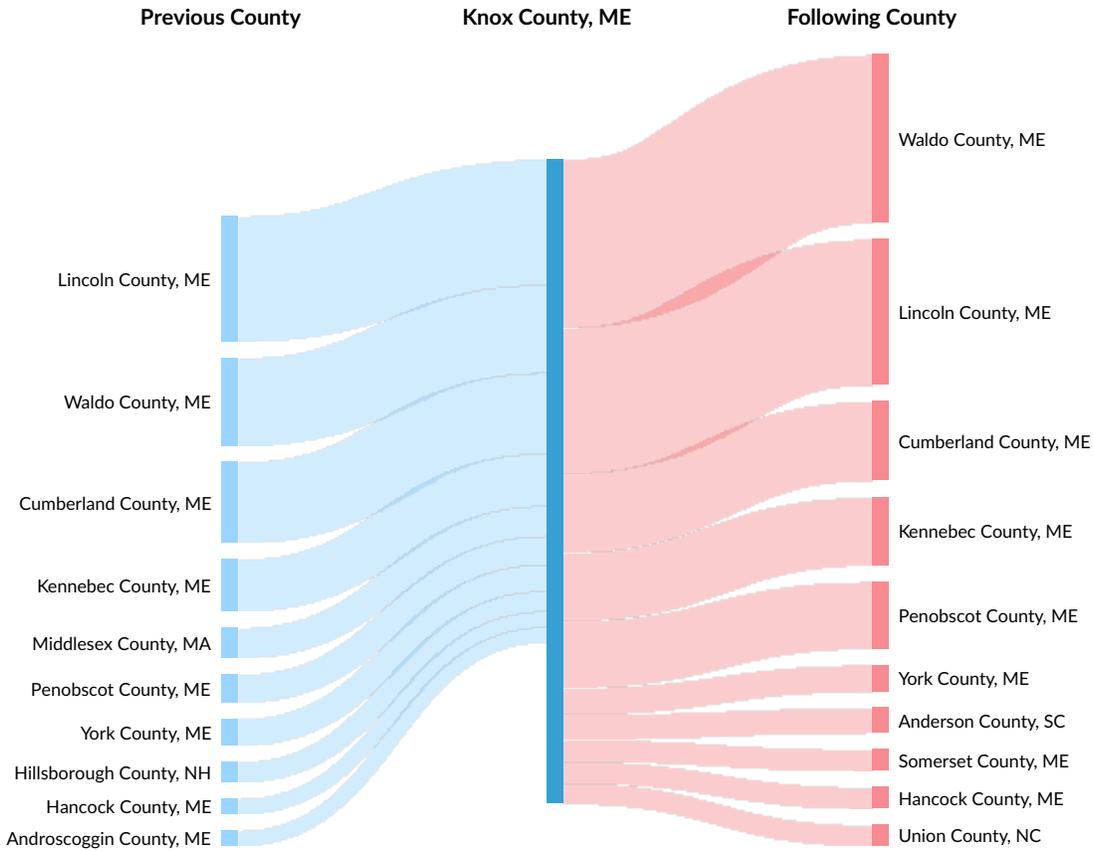
County	Name	2024 Employment
23013	Knox County, ME	21,059

County	Name	2024 Workers
23013	Knox County, ME	19,902

Inbound and Outbound Migration

The table below analyzes past and current residents of Knox County, ME. The left column shows residents of other counties migrating to Knox County, ME. The right column shows residents migrating from Knox County, ME to other counties.

As of 2022, 154 people have migrated from Lincoln County, ME to Knox County, ME. In the same year, 207 people left Knox County, ME migrating to Waldo County, ME. The total Net Migration for Knox County, ME in 2022 was 32.

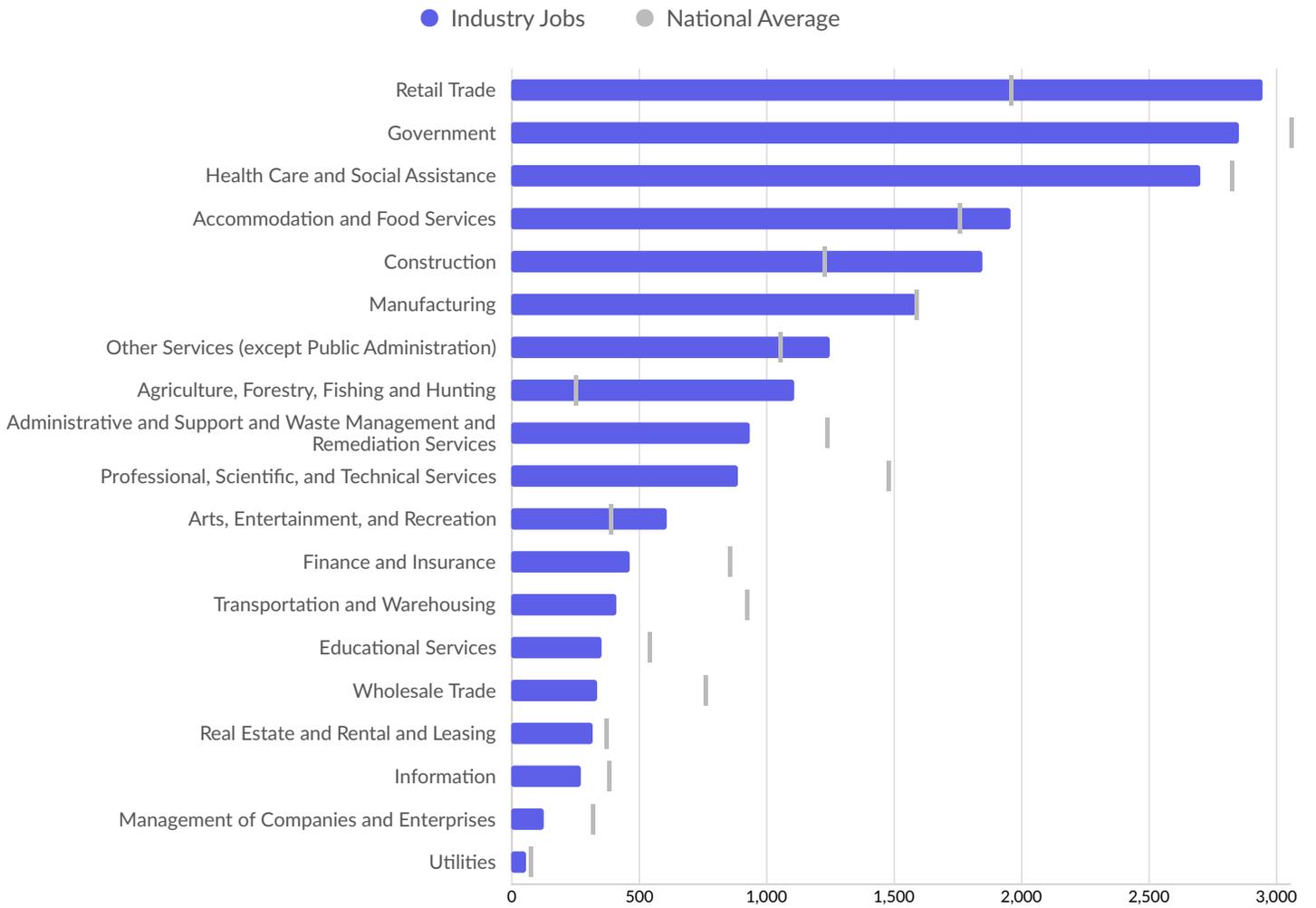


Top Previous Counties	Migrations
Lincoln County, ME	154
Waldo County, ME	108
Cumberland County, ME	99
Kennebec County, ME	64
Middlesex County, MA	37
Penobscot County, ME	35

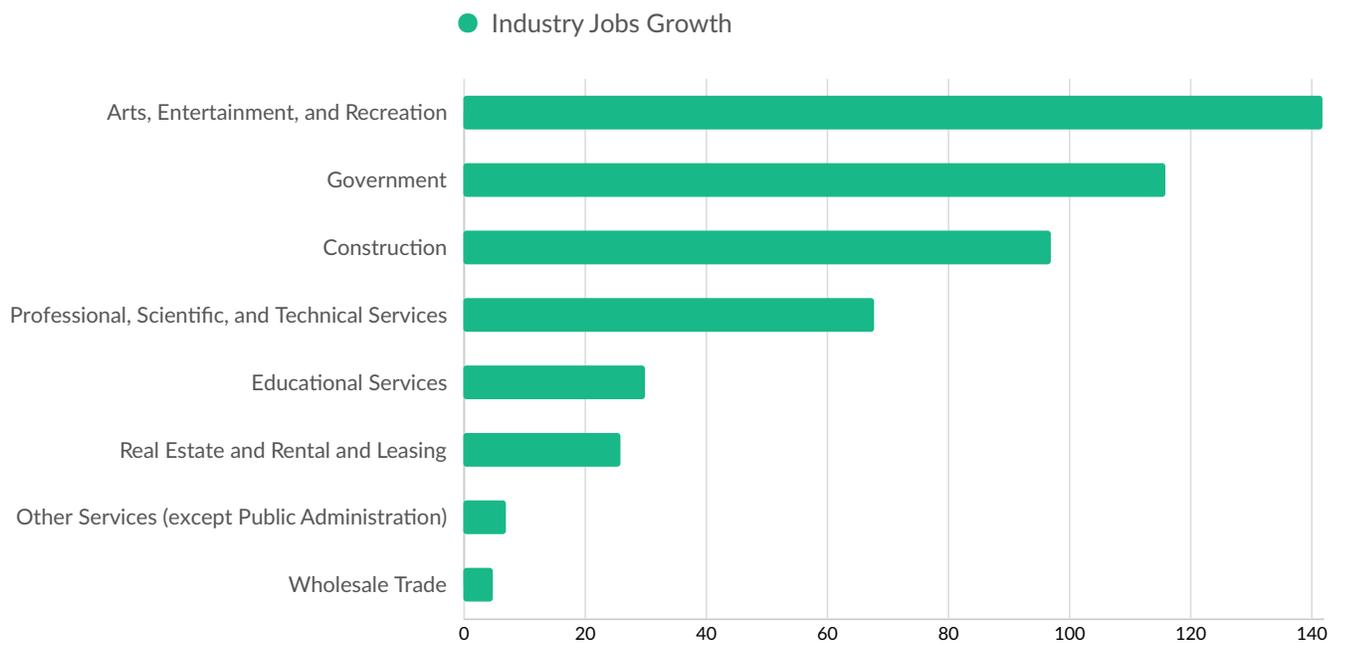
Top Previous Counties	Migrations
York County, ME	33
Hillsborough County, NH	25
Hancock County, ME	19
Androscoggin County, ME	19
Norfolk County, MA	19
Sagadahoc County, ME	16
Suffolk County, MA	16
Somerset County, ME	14
Essex County, MA	14
Top Following Counties	Migrations
Waldo County, ME	207
Lincoln County, ME	180
Cumberland County, ME	98
Kennebec County, ME	84
Penobscot County, ME	83
York County, ME	33
Anderson County, SC	31
Somerset County, ME	27
Hancock County, ME	27
Union County, NC	26
Palm Beach County, FL	25
Middlesex County, MA	24
Androscoggin County, ME	22
Lee County, FL	20
Aroostook County, ME	20

Industry Characteristics

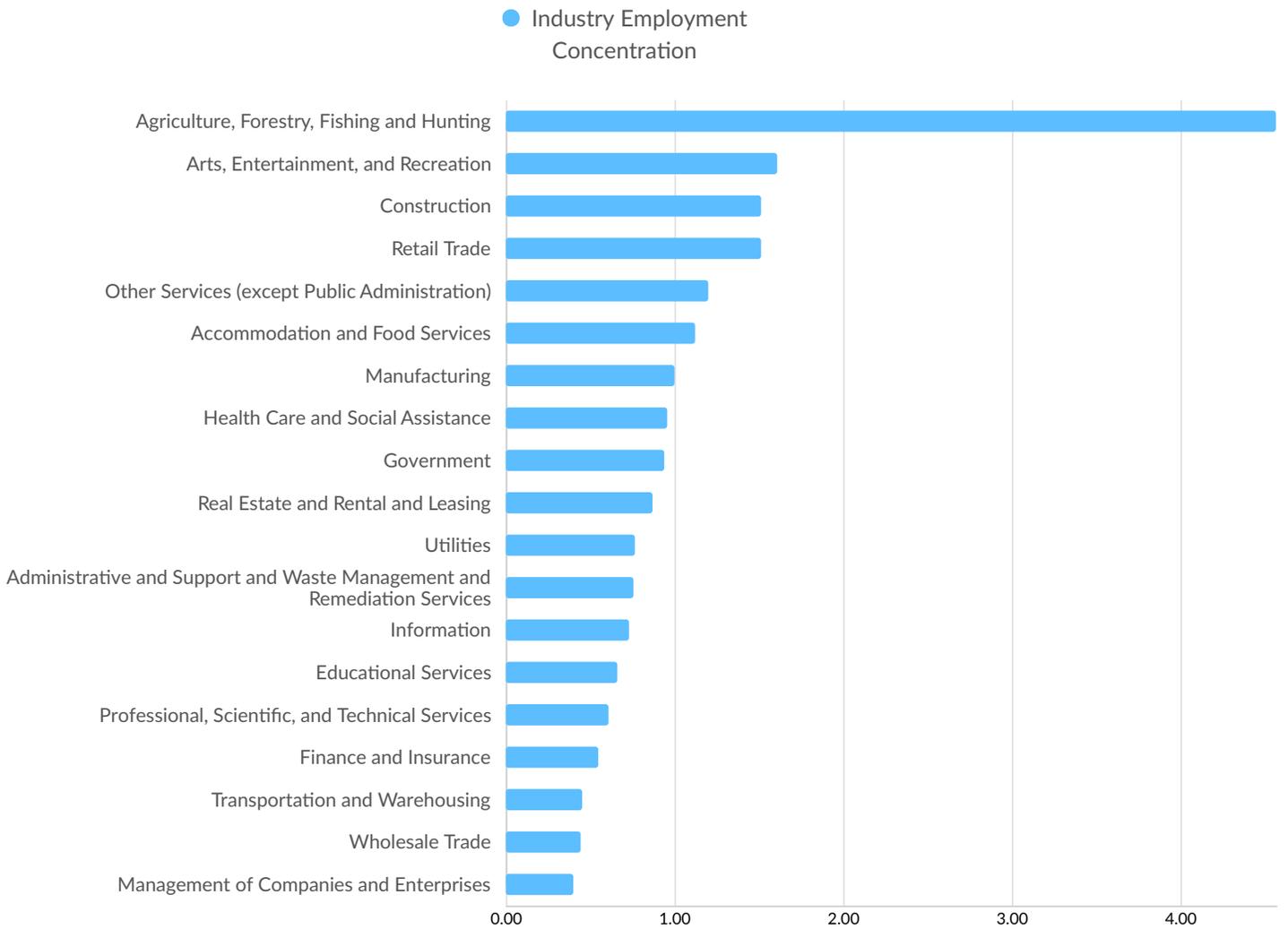
Largest Industries



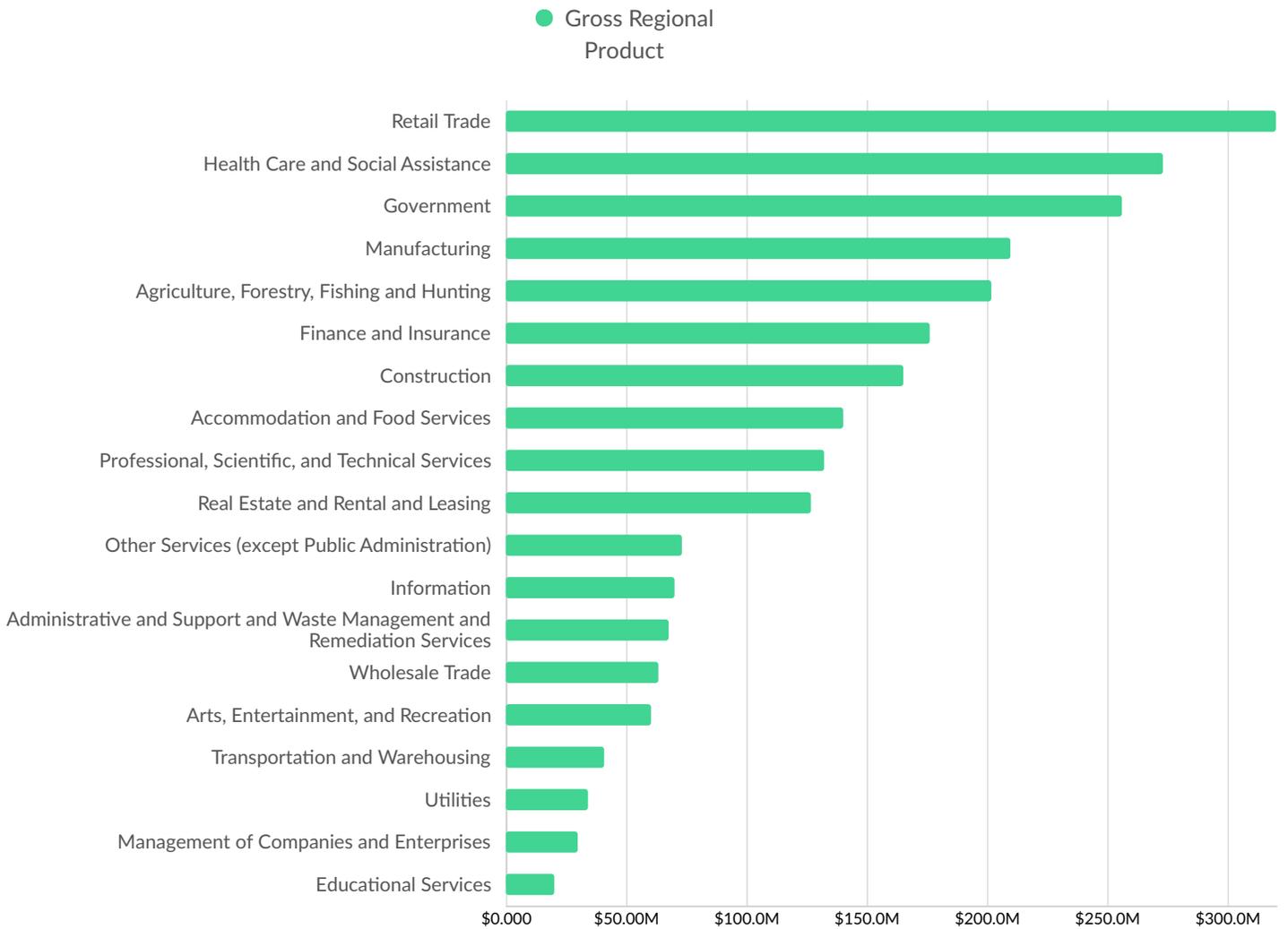
Top Growing Industries



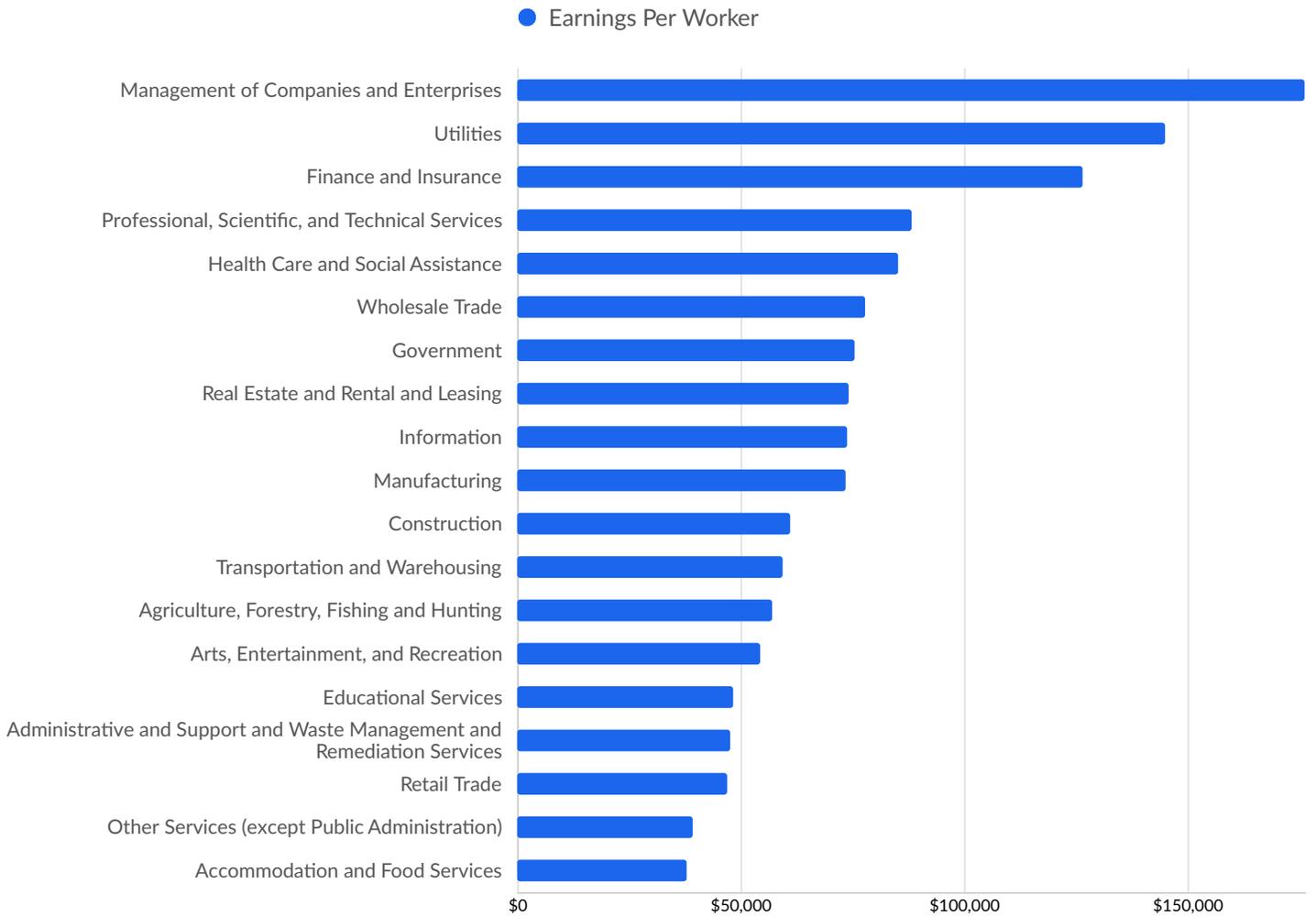
Top Industry Employment Concentration



Top Industry GRP



Top Industry Earnings



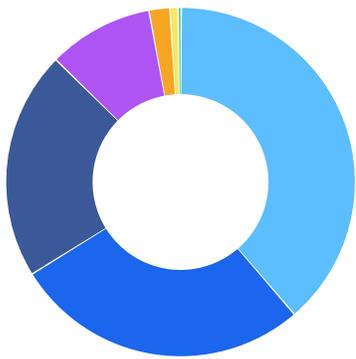
Business Characteristics

4,327 Companies Employ Your Workers

Online profiles for your workers mention 4,327 companies as employers, with the top 10 appearing below. In the last 12 months, 661 companies in Knox County, ME posted job postings, with the top 10 appearing below.

Top Companies	Profiles	Top Companies Posting	Unique Postings
Pen Bay Medical Center	134 	Maine Medical Center	862 
Maine Medical Center	133 	Hannaford Brothers Company	129 
Camden National Bank	95 	State Of Maine	116 
State Of Maine	87 	Soliant Health	98 
Athenahealth	70 	Genesis HealthCare	77 
Douglas Dynamics	42 	AMN Healthcare	72 
Lyman Morse Boatbuilding	41 	Walmart	64 
Bank of America	40 	Albertsons	56 
Allen Insurance And Financial	39 	Amergis	54 
Hannaford Brothers Company	39 	Domino's Pizza	51 

Business Size

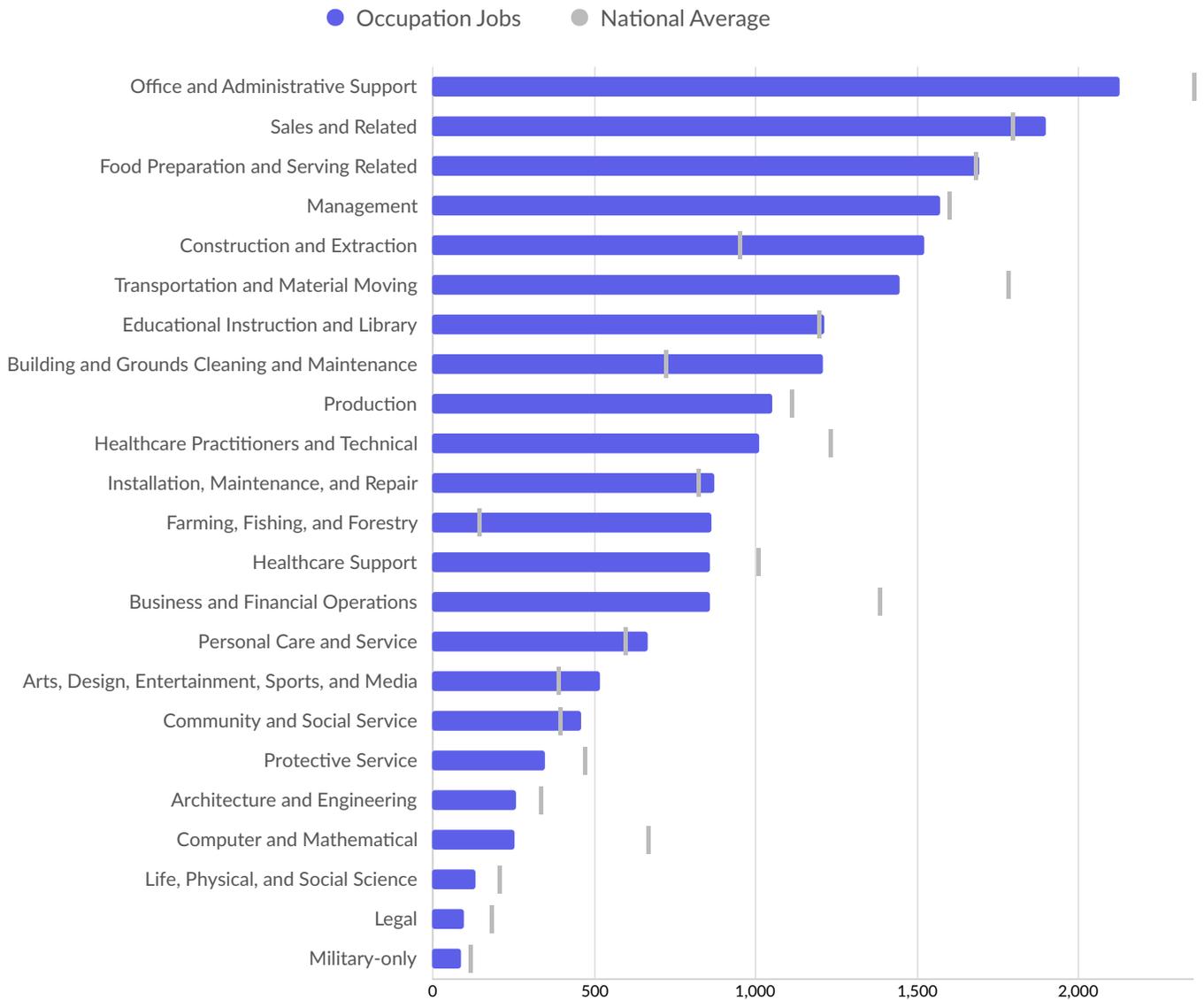


	Percentage	Business Count
● 1 to 4 employees	38.6%	1,039
● 5 to 9 employees	27.5%	739
● 10 to 19 employees	21.2%	570
● 20 to 49 employees	9.7%	262
● 50 to 99 employees	1.9%	52
● 100 to 249 employees	0.7%	20
● 250 to 499 employees	0.3%	8

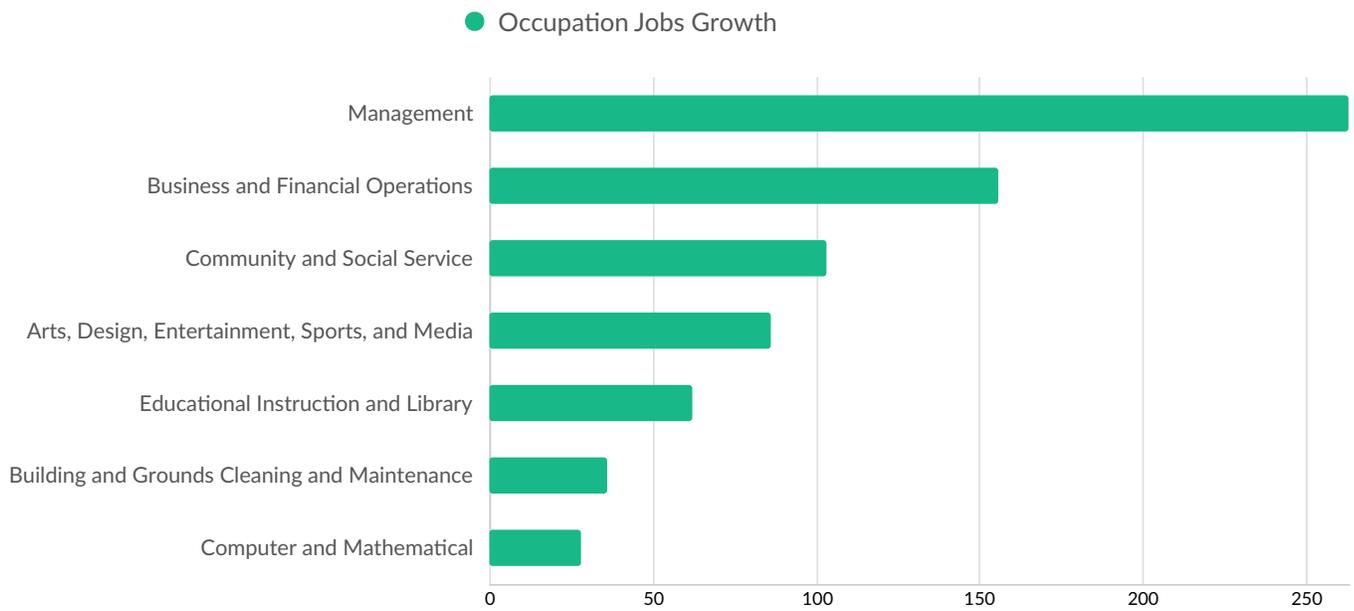
*Business Data by DatabaseUSA.com is third-party data provided by Lightcast to its customers as a convenience, and Lightcast does not endorse or warrant its accuracy or consistency with other published Lightcast data. In most cases, the Business Count will not match total companies with profiles on the summary tab.

Workforce Characteristics

Largest Occupations

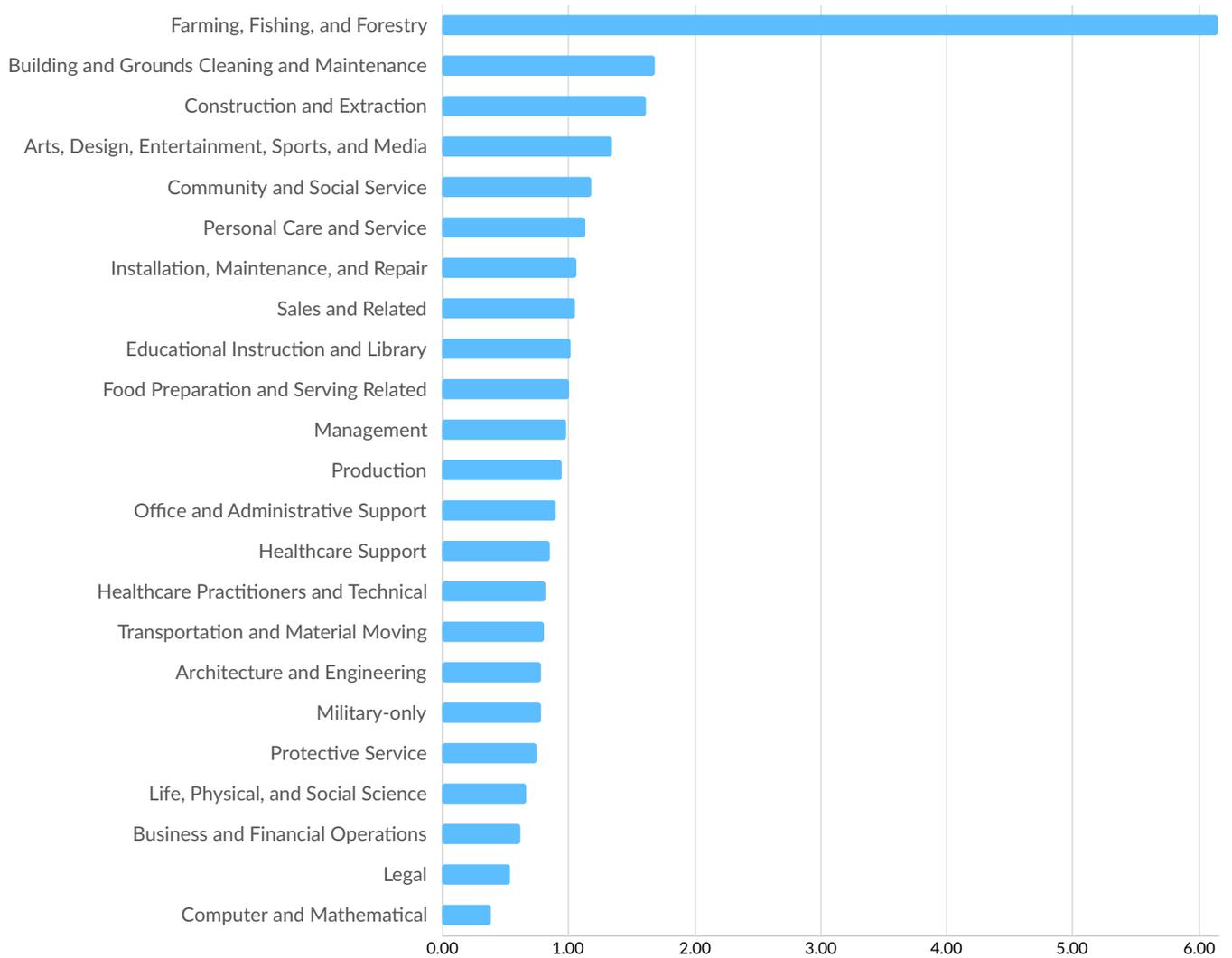


Top Growing Occupations

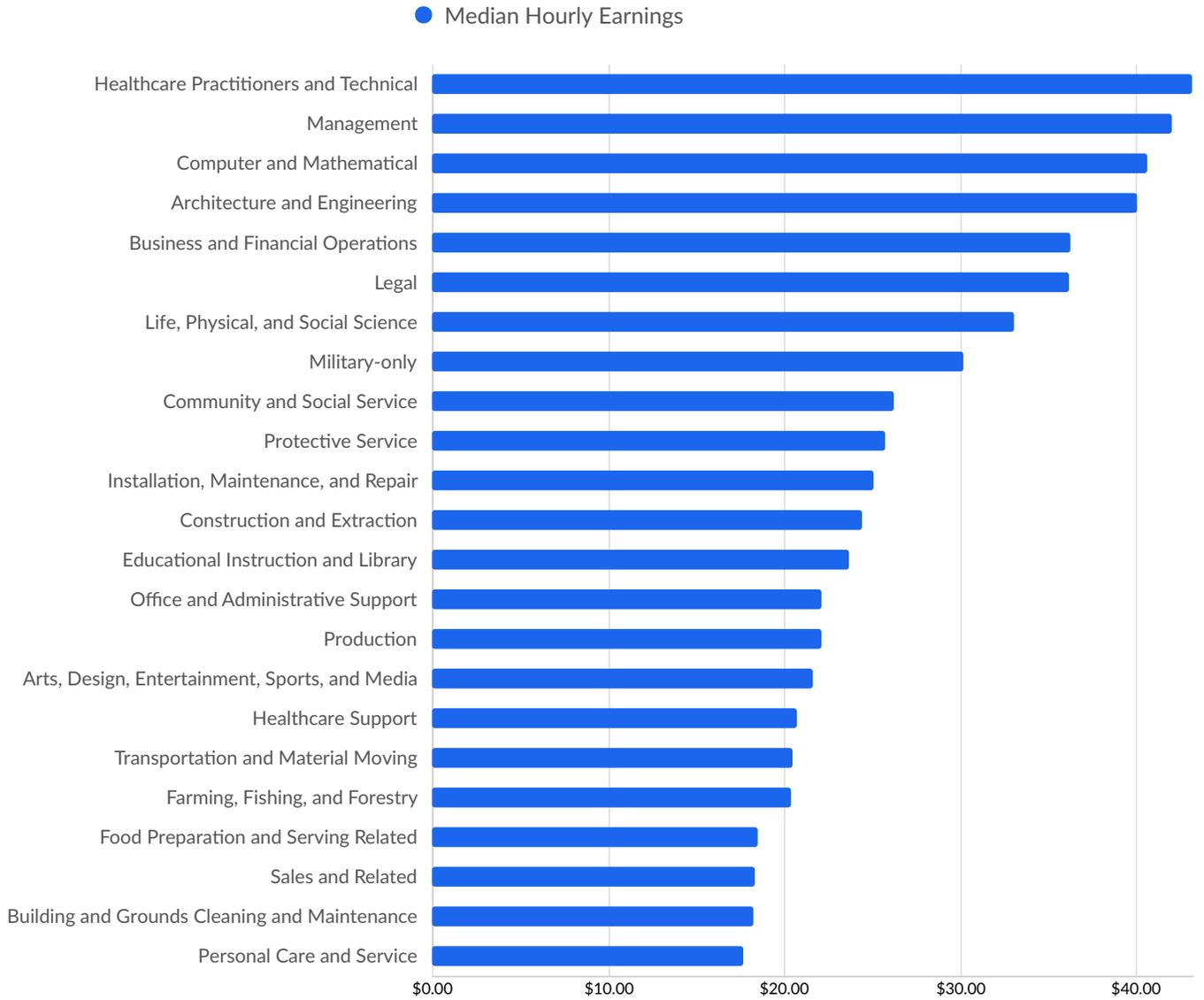


Top Occupation Employment Concentration

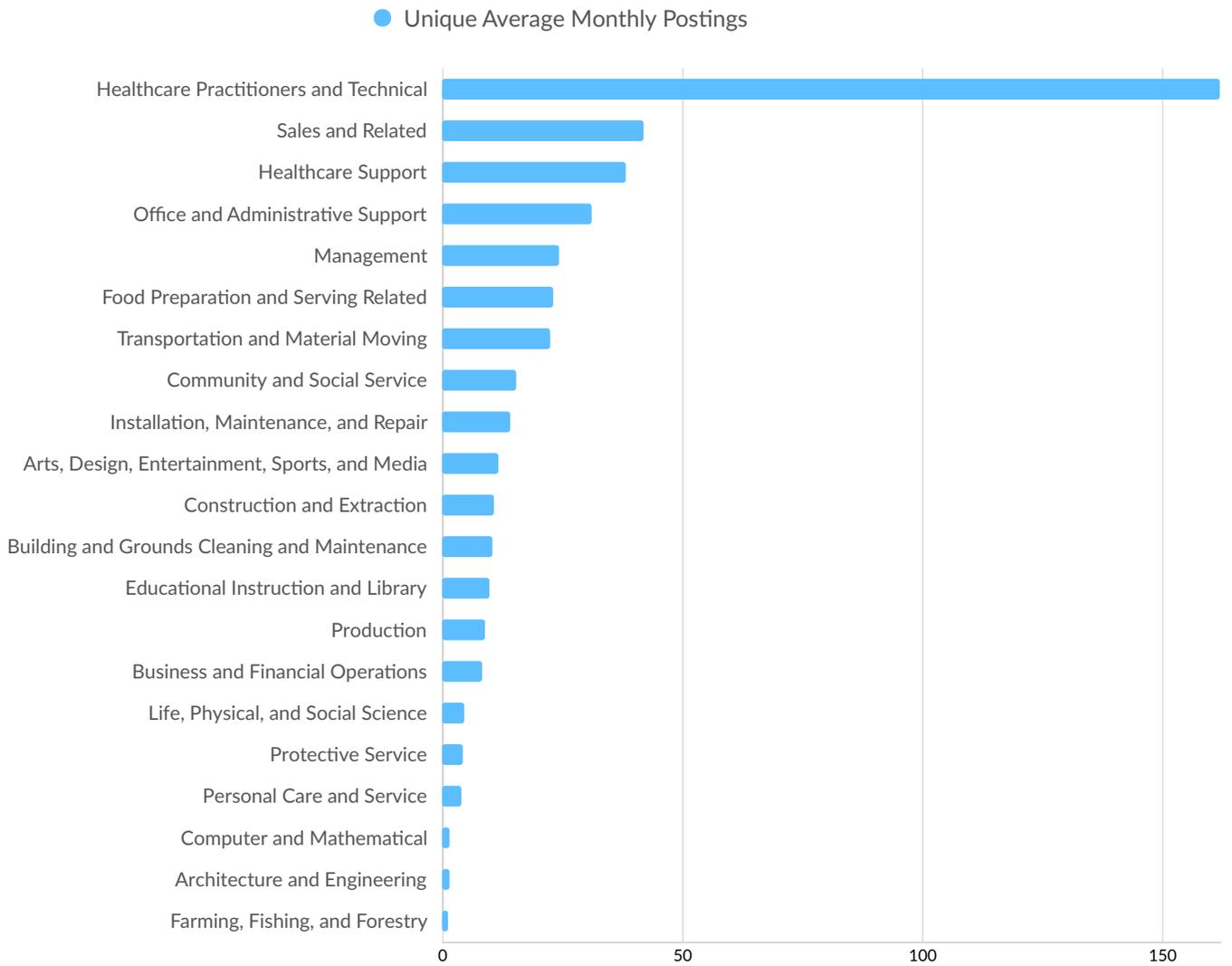
● Occupation Employment Concentration



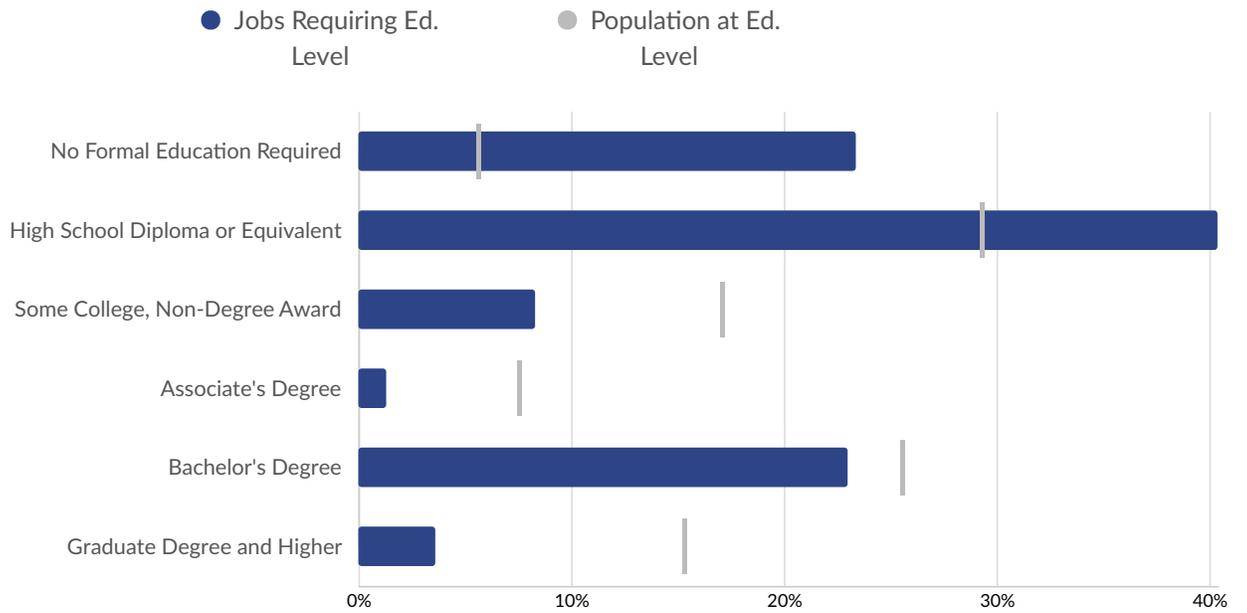
Top Occupation Earnings



Top Posted Occupations



Underemployment



Educational Pipeline

In 2024, there were 10 graduates in Knox County, ME. This pipeline has grown by 150% over the last 5 years. The highest share of these graduates come from "Fine/Studio Arts, General" (Master's or Higher), "Fine/Studio Arts, General" (Certificate), and "Film/Cinema/Media Studies" (Certificate).

School	Total Graduates (2024)	Graduate Trend (2020 - 2024)
Maine Media College	10 	

-  Certificate
-  Associate's
-  Bachelor's
-  Master's or Higher

In-Demand Skills

